

2026-2027 SESSION REGISTRATION INFORMATION

 MOMENTUM SWIM CONDITIONING 			
~ 9 & older experienced swimmers train at North Central College ~ 8 & under swimmers train at Central Park 4 Lane Pool			
<u>FALL 1</u>	<u>FALL 2</u>	<u>WINTER 3</u>	<u>SPRING 4</u>
Registration Opens: Aug. 4, 2026	Registration Opens: Oct. 6th, 2026	Registration Opens: Dec. 1st, 2026	Registration Opens: Feb. 2nd, 2026
<u>DATES:</u>	<u>DATES:</u>	<u>DATES:</u>	<u>DATES:</u>
SEPTEMBER 15- OCT. 22, 2026	NOVEMBER 2 - DEC. 11, 2026	JANUARY 11 - FEB. 19, 2027	APRIL 5 - MAY 14, 2027

~Session Dates and Times are subject to change due to facility management~

AGE GROUP REQUIREMENTS

6 & Under ONLY

SPRING REGISTRATION OPENS TUESDAY FEB. 2nd

5 & 6 YEAR OLDS REQUIREMENTS: GETTING READY FOR THEIR SUMMER SWIM TEAM • Swimmers MUST be the MINIMUM age of 5 and <u>ready</u> to join a summer team. • Swimmers MUST have ADVANCED SWIM LESSON EXPERIENCE • Swimmers are NOT AFRAID OF GETTING IN THE WATER! • This Group will practice at CENTRAL PARK. • 1 or 2 Lanes will be designated for these swimmers. • There will only be 12 spots available for this session.
Spring Session 4: April 5 - May 14th, 2027
2 Day Option
Tue/Thur @ CENTRAL PARK 3:45 PM - 4:45 PM
\$295
Practice Begins Tuesday April 6th, 2027

8 & Under Group

SPRING REGISTRATION OPENS TUESDAY FEB. 2nd

Beginner Swimmers Ages 7-9 (must be able to swim 25 yards unassisted)				
Spring Session 4: April 5 - May 14th, 2027 7 - 9 Year Old Practice Schedule				
1 Day Option @ NCC 4:00 - 5:00 PM	2 Day Option @ Central Park 3:45-4:45 PM	1 Day Option @ NCC 4:00 - 5:00 PM	2 Day Option @ NCC 4:00 - 5:00 PM	1 Day Option @ NCC 4:00 - 5:00 PM
Mon ONLY	Tue/Thur	Wed ONLY	Wed/Fri	Friday ONLY
\$180	\$280	\$180	\$280	\$180
Begins 4/5/27	Begins 4/6/27	Begins 4/7/27	Begins 4/7/27	Begins 4/9/27

*****IMPORTANT NOTE***** TUESDAY and THURSDAY PRACTICES are at CENTRAL PARK from 3:45 - 4:45 PM.... THERE ARE NO PRACTICES at NORTH CENTRAL COLLEGE from 4:PM - 5:PM on Tuesday and Thursdays for the SPRING SESSION***

SPRING REGISTRATION OPENS TUESDAY FEB. 2nd, 2027

Experienced Swimmers ages 9 and Older (must be able to swim 50 yards unassisted and have verifiable times)				
Spring Session 4: April 5th - May 11th, 2027 9 & Older Practice Schedule at NCC Monday - Friday 5:00 - 6:00 PM				
1 Day Option	1 Day Option	2 Day Option	2 Day Option	3 Day Option
Monday ONLY	Wednesday ONLY	Tue/Thurs	Wed/Fri	MON-WED- FRI
\$180	\$180	\$280	\$280	\$310
Begins 4/5	Begins 4/7	Begins 4/6	Begins 4/8	4/5-5/14

